

Attention Pfeiffer Intermediate School Students

BE KIND. BE POSITIVE. BE SUPPORTIVE.

Pfeiffer Intermediate School staff brainstormed a number of activities that will be taking place over the next few days for the intermediate school students. The focus will be on being kind, positive and supportive toward one another. In addition, one activity will walk students through how to replace negative "Automatic Thoughts," with positive self-talk. During the three days, the students will engage in the following activities.



FRIDAY

Academic Assist Time, Homerooms

Watch video on how to replace negative "Automatic Thoughts" and discuss with peers positive self-talk.



TUESDAY

*Students will have their normal morning schedules. Each core teacher will lead ONE activity and repeat that activity with all three of their classes. Teachers of non-core classes or without a homeroom will be assigned a room to join to offer support.

- **12:47 - 2:20 P.M. Introduction and Activities, Homeroom & Classrooms**
Discuss what kindness means and how students can make a positive difference.
 - ELA Teachers: Pillow Full of Feathers
 - Science & Social Studies Teachers: Toothpaste Activity
 - Math Teachers: Fish! Philosophy
- **2:20 - 2:50 P.M. Wrap-Up Session, Homerooms**
 - Homeroom teachers will show a video on kindness, ask students to share what kindness looks/sounds like in the hallways, classrooms, cafeteria, playground, buses, etc.
 - Students will create a mural of examples



MONDAY

Academic Assist Time, Homerooms

Discuss topics related to stress and how to positively cope in different scenarios.

