

On With The Snow!

What: Seasonal Music Program

Who: All 2nd graders will be performing

When: Monday, November 20

Where: Edison Middle School

Time: Doors open at 6:40 P.M. with the show starting promptly at 7:00 P.M.

All are invited. There will be plenty of room!

Students will be performing for the school on Friday, November 17 in the morning. If you work evenings and would like to attend in the morning instead, please rsvp at (330) 832-8100. We will have a special row for you!

Growth Mindset and Resiliency

Wednesday, November 8 at 6:30 P.M., Watson will host a parent meeting--no children. Our message: What we are doing within the school day to build skills in our children for the future...Growth Mindset, Building a sense of community within Watson, and teaching resiliency to our children so that they have the tools to cope with disappointment. Childhood is a long, windy road and it takes a village to help build tools to navigate through their journey. We really are in this together.

Upcoming Events

Below is a listing of specific events scheduled for this coming month!

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|-----------|----------------|--|
| Thursday | November 2 | Firefighter Phil K-3 |
| Friday | November 3 | Last day of Book Fair: Western Dress Up Day |
| Saturday | November 4 | Perry 20/20 Dinner-Eagles doors open 5:30 P.M. |
| Wednesday | November 8 | Parent Night--no Kids 6:30 P.M. |
| Friday | November 10 | Veteran's Day Remembrance |
| Tuesday | November 14 | Kindergarten 50's day Watson Night Out: Menches 5:00-8:00 P.M. |
| Friday | November 17 | Grade 2: On With The Snow Music Program School Assembly 10:30 A.M. |
| Monday | November 20 | Grade 2: On With The Snow Music Program At Edison Middle School 7:00 P.M. |
| Tuesday | November 21 | Kindergarten: Thanksgiving Feast 2-3:00 P.M. |
| Wed-Mon | November 22-27 | Thanksgiving Break |
| Tuesday | November 28 | School Resumes |
| Thursday | November 30 | Watson UNITE 6:30 P.M. |
| Friday | December 1 | PHS Children's Play (field trip) |

Teaching Mindfulness to Kids

Each month, we are working to include in our building newsletter tips for parents on talking with and supporting their children. Last month, we highlighted information on dialoguing with your child in moments of distress. This month we want to highlight the idea of teaching your child mindfulness.

The purpose of teaching mindfulness to children is to provide them skills to recognize their thoughts, understand how emotions manifest in the body, and provide tools for impulse control.

This article provides 10 ways to teach mindfulness to kids. You can simply Google **Left Brain Buddha, 10 Ways to Teach Mindfulness to Kids** or type the following in your search bar:

<http://leftbrainbuddha.com/10-ways-teach-mindfulness-to-kids/>

Changes to Ohio Revised Code have schools monitoring student attendance more closely than ever. We are now required to begin sending letters to all families at specific increments whether absences are excused (via a medical excuse) or unexcused. (Your allotted vacation days do NOT count.) Please be aware you may receive a letter regarding attendance. Should your child reach a point of concern (Habitual Truancy) you will receive an additional letter and a personal phone call from Mrs. Daugherty

General Housekeeping...

- Students who do NOT come to school with a coat/jacket will NOT be permitted to go to outside recess when the temperature (chill factor) is 50 degrees or below.
- Please MARK your child's belongings (coats, lunch boxes, etc.) with their name or initials. Our Lost-n-Found box is already full of these items!
- If you are joining your student for lunch and purchasing a lunch from the cafeteria, please send a note or call first thing (by 9:30 A.M.) in the morning so we are sure enough food is prepared!

BOX TOPS AND LABELS FOR EDUCATION

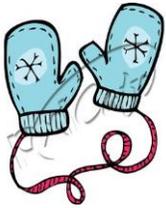
Attention Giant Eagle shoppers! Go online to gianteagle.com and register your discount

cards with our school Watson Elementary!



It is Time to Bundle Up...

Can you believe Winter is quickly approaching! That being said, here are two quick tips to help you prepare:



Please make sure your students are dressed appropriately for school & outside recess. Layers are best! We typically go out for recess unless the temperature (chill factor) falls to 20 degrees or below.

If you suspect a school closing, please make sure to listen to the radio and check your television for Perry Local in STARK County. There is another Perry school district in Northeast Ohio.

PTO NEWS

NEWS FROM THE PRESIDENT: Happy Thanksgiving!

As UNITE President, I have a lot to be thankful for this school year. There are many fantastic parents stepping up and taking charge as UNITE moves into the future at Watson Elementary. I have to take a moment and Thank Dina Kraus for doing a fabulous job organizing Glow Night. Thank you to all parents and family members who volunteered that night and helped make it a memorable evening for the students at Watson.

In October, we had a great time at Chick-fil-A raising money for our school. Thank you 4th graders for doing a fabulous job greeting guests and cleaning up tables. I have to give a shout out to our very own Miss Kim because I polled students on who had the best nuggets Chick-fil-A or Miss Kim and it was a close race but I think Miss Kim got it by a nugget.

PLEASE remember to sign up for Remind to stay informed of UNITE events. Go to the app and add us. We are "dh64h" or you can text @dh64h to the number 81010. When we are looking for less than 20 volunteers, the ONLY way we are doing it is by using the app messages, no more sending forms home.

Mrs. Stevenson is working very hard to put every UNITE handout on the Facebook page. Please keep this in mind; if you know an event is coming and you should have received an RSVP form, it WILL be on the Facebook page. Any large event that need multiple volunteers or RSVPs WILL be posted on the Facebook page. If your student does not bring a form home check Facebook.

Please join us at Menches this month on November 14 and our meeting November 30 at 6:30 P.M.

Looking ahead, we will be looking for Holiday Shop volunteers for December 7-8. I will be sending out volunteer messages through the Remind App around the middle of November.

Thank you for being a part of our Watson Family,
Jennifer Jones
Watson UNITE, President



Watson is collecting aluminum can tabs for the Ronald McDonald House in Akron. They recycle them for cash. RMH is currently saving up for a playground! Let's PULL TOGETHER!

COUNSELING CONNECTIONS



The November topic is child safety. Every classroom will receive a lesson about stranger safety and body safety. The following videos and materials will be used during these presentations:

- Kindergarten - "Joey Learns the Touching Rule"
- Grade 1 - "It's Your Body: You're in Charge"
- Grade 2 - "What Tadoo"
- Grade 3 - "Trusted Triangle by Compass Prevention Services"
- Grade 4 - "Break the Silence"

The following three rules will be reinforced:

- Say no in a loud voice.
- Get away to a safe place.
- Tell a trusted adult.

All families should have received a letter home with students last week with this information. Please contact me with questions or concerns regarding this topic for November.

Please contact me if I can be of any assistance.
Melissa Watkins, School Psychologist
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