



Lunch - \$2.50 - Reduced \$1.40

Menu Subject To Change

This institution is an equal opportunity provider

## Harvest of the Month - BROCCOLI/CAULIFLOWER

Broccoli and Cauliflower are low in calories, high in vitamin C & a good source of fiber. Cauliflower is a good complex carbohydrate and Broccoli has as much calcium ounce-per-ounce as milk!

### Monday



### Tuesday



### Wednesday

### Thursday



### Friday

**Steakburger with  
bacon/cheese** **4**  
Or  
**Hot Dog Sandwich**

French Fries  
Sliced Tomato/Lettuce  
Baked Beans  
Fruit Milk

**General Tso Chicken with  
breadstick** **5**  
Or  
**Chicken Chipotle Flatbread**

Rice  
Romaine Salad  
California Blend  
Applesauce cup Milk

*Lent Begins*  
**Chicken Nuggets** **6**  
Or  
**Fish Sandwich**

Buttered Macaroni  
Corn  
Baby Carrots  
Fruit Milk

**Pizza Hut** **7**  
Or  
**Sub Sandwich**

Cheddar Popcorn  
Romaine Salad  
Fresh Broccoli/Cauliflower w/Dip  
Fruit Milk

**Garlic French Bread Pizza** **8**  
Or  
**Breaded Mozzarella Sticks**

Marinara Sauce  
Romaine Salad  
Tater Tots  
Fruit Milk

**Chicken Patty on Ciabatta Bread** **11**  
Or  
**BBQ Rib Sandwich**

Lettuce/Sliced Tomato  
French Fries  
Green Beans  
Fruit Milk

**Macaroni & Cheese** **12**  
Or  
**Chili Cheese Corn Chips**

Cornbread  
Romaine Salad  
Steamed Broccoli  
Applesauce cup Milk

**Chicken Fries** **13**  
Or  
**Turkey & Gravy w/Roll**

Mashed Potatoes w/Gravy  
Sweet Potato Casserole  
Fruit Milk

**Pizza** **14**  
Or  
**Sub Sandwich**

Sun Chip Mix  
Romaine Salad  
Celery Sticks  
Fruit Milk

**Loaded Nachos** **15**  
Or  
**Cheese Quesadilla**

**St. Patrick's Cookie**  
**Refried Beans**  
**Diced Tomato/Lettuce/Salsa**  
Fruit Milk

**Mini Corn Dogs** **18**  
Or  
**Sloppy Joe Sandwich**

Starz Fries  
Baked Beans  
Fruit Milk

**Potato Bar** **19**

Baked Potato or French Fry  
Top w/  
Cheese, bacon, chili  
Apple Pocket  
Romaine Salad  
Fruit Milk

**Chicken Nuggets** **20**  
Or  
**Homemade Meatloaf**

Roll  
Mashed Potatoes w/Gravy  
Corn  
Fruit Milk

**Pizza Hut** **21**  
Or  
**Sub Sandwich**

RF Doritos  
Romaine Salad  
Baby Carrots  
Fruit Milk

**Bosco Cheese Sticks** **22**  
Or  
**Pizza Calzone**

French Fries  
Marinara Sauce  
Fruit Milk



SPRING BREAK

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**SALAD BAR OR** **29**  
**FRUIT PARIFAIT**  
**OFFERED DAILY AS AN**  
**ALTERNATIVE LUNCH**