



Lunch - \$2.50 - Reduced \$1.40

Menu Subject To Change

This institution is an equal opportunity provider

Harvest of the Month - BROCCOLI/CAULIFLOWER

Broccoli and Cauliflower are low in calories, high in vitamin C & a good source of fiber. Cauliflower is a good complex carbohydrate and Broccoli has as much calcium ounce-per-ounce as milk!

Monday



Tuesday



Wednesday

Thursday



Friday

Marco's Pizza 4
Or
Sub Sandwich
RF Doritos
Romaine Salad
Celery Sticks
Fruit
Milk

General Tso Chicken with breadstick 5
Or
Chicken Chipotle Flatbread
Rice
Romaine Salad
California Blend
Applesauce cup
Milk

Lent Begins 6
Chicken Nuggets w/Roll
Or
Fish Sandwich
Buttered Macaroni
Corn
Baby Carrots
Fruit
Milk

Soft Beef Taco 7
Or
Cheese Quesadilla
Nachos & Cheese
Refried Beans
Diced Tomato/Lettuce/Salsa
Applesauce Cup
Milk

Ham & Cheese Pocket 8
Or
Breaded Mozzarella Sticks
French Fries
Marinara Sauce
Fruit
Milk

Pizza Hut 11
Or
Sub Sandwich
Baked Lays
Romaine Salad
Cherry Tomatoes
Fruit
Milk

ACT Testing 12

Chicken Tenders 13
Or
Turkey & Gravy
Roll
Mashed Potatoes w/Gravy
Sweet Potato Casserole
Fruit
Milk

Steakburger W/cheese/bacon 14
Or
Hot Dog Sandwich
French Fries
Sliced Tomato/Lettuce
Green Beans
Fruit
Milk

Macaroni & Cheese 15
Or
Chili Cheese Corn Chips
Cornbread
Romaine Salad
Steamed Broccoli
Applesauce cup
Milk

Pizza 18
Or
Sub Sandwich
Cookie
Romaine Salad
Fresh Broccoli/Cauliflower
Fruit
Milk

Sweet & Sour Chicken 19
Or
Teriyaki Chicken
Fried Rice
Vegetable Egg Roll
Glazed Carrots
Fruit
Milk

Chicken Nuggets 20
Or
Homemade Meatloaf
Roll
Mashed Potatoes w/Gravy
Corn
Fruit
Milk

Potato Bar 21
Baked Potato or French Fry
Top w/
Cheese, bacon, chili
Apple Pocket
Romaine Salad
Fruit
Milk

Bosco Cheese Sticks 22
Or
Mini Corn Dogs
Starz Fries
Marinara Sauce
Baby Carrots
Fruit
Milk

25

26
SPRING BREAK

27
SPRING BREAK

28
SPRING BREAK

29
SALAD BAR, CHICKEN SALAD, TURKEY WRAP, FRUIT PARFAIT, PB POCKETS OFFERED DAILY AS LUNCH ALTERNATIVE