



Lunch - \$2.25 - Reduced \$1.40

Menu Subject To Change

This institution is an equal opportunity provider

## Harvest of the Month - BROCCOLI/CAULIFLOWER

Broccoli and Cauliflower are low in calories, high in vitamin C & a good source of fiber. Cauliflower is a good complex carbohydrate and Broccoli has as much calcium ounce-per-ounce as milk!

### Monday



### Tuesday



### Wednesday

### Thursday



### Friday

**Panther Burger** **4**  
Or  
**Hot Dog Sandwich**  
Smile Fries  
Sliced Tomato/Lettuce  
Baked Beans  
Fruit  
Milk

**Big Daddy Pizza** **5**  
Or  
**Sub Sandwich**  
Romaine Salad  
Celery Sticks  
Fruit  
Milk

**Lent Begins** **6**  
**Chicken Nuggets**  
Or  
**"Ocean Treasures" Fish Nuggets**  
Baked Lays  
Corn  
Dragon Punch Juice/Fruit  
Milk

**Sweet & Sour Chicken w/Rice** **7**  
Or  
**Chicken & Noodles**  
Breadstick  
Romaine Salad  
California Blend  
Fruit  
Milk

**Mini Corn Dogs** **1**  
Or  
**Sloppy Joe Sandwich**  
Starz Fries  
Green Bean  
Fruit  
Milk

**Chicken Patty Sandwich** **11**  
Or  
**Mini Corn Dogs**  
Lettuce/Tomato Slice  
French Fries  
Fruit  
Milk

**Pizza Hut** **12**  
Or  
**Sub Sandwich**  
Romaine Salad  
Cucumber Slices  
Fruit  
Milk

**Chicken Fries** **13**  
Or  
**Turkey & Gravy w/Roll**  
Mashed Potatoes w/Gravy  
Sweet Potato Casserole  
Fruit  
Milk

**Macaroni & Cheese** **14**  
Or  
**Yogurt Parfait w/cheese stick**  
Corn Bread  
Romaine Salad  
Steamed Broccoli  
Applesauce cup  
Milk

**Walking Taco** **15**  
Or  
**Cheese Quesadilla**  
Refried Beans  
Diced Tomato/Lettuce/Salsa  
St. Patrick's Day Cookie  
Fruit  
Milk

**Chicken Smackers** **18**  
Or  
**Cheese Omelet/Sausage Link**  
Dutch Waffle  
Baby Carrots  
Fruit  
Milk

**Pizza** **19**  
Or  
**Sub Sandwich**  
Romaine Salad  
Fresh Broccoli/Cauliflower w/dip  
Fruit  
Milk

**Chicken Nuggets** **20**  
Or  
**Turkey & Gravy w/Roll**  
Mashed Potatoes w/Gravy  
Corn  
Fruit  
Milk

**BBQ Rib Sandwich** **21**  
Or  
**Hot Dog Sandwich**  
Smile Fries  
Baked Beans  
Fruit  
Milk

**Garlic French Bread Pizza** **22**  
Or  
**Pizza Calzone**  
French Fries  
Marinara Sauce  
Fruit  
Milk

**25**

**26**  
SPRING BREAK

**27**  
SPRING BREAK

**28**  
SPRING BREAK

**29**  
CHEF SALAD OFFERED DAILY  
AS AN ALTERNATIVE LUNCH