



Lunch – \$2.50/Reduced \$.40

MENUS SUBJECT TO CHANGE

This institution is an equal opportunity provider



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

Monday



BBQ Chicken Flatbread Pizza 6
Or
Toasted Cheese Sandwich

Tomato Soup
Tater Tots
Fruit Milk

Sunrise Waffle Sandwich 13
Or
Meatball Sandwich

Deli Roasters
Baby Carrots
Fruit Milk

Steakburger with bacon/cheese 20
Or
Hot Dog Sandwich

French Fries
Sliced Tomato/Lettuce
Baked Beans
Fruit Milk



Tuesday



BUILD YOUR OWN BURRITO 7

Applesauce Cup
Fruit Milk

Spaghetti w/Meatballs 14
Or
Chicken Alfredo

Garlic Toast
Romaine Salad
Steamed Broccoli
Fruit Milk

General Tso Chicken with breadstick 21
Or
Chicken Chipotle Flatbread

Rice
Romaine Salad
California Blend
Applesauce cup Milk

CHEF'S CHOICE 28

Fruit
Vegetable
Milk

Wednesday

Chicken Nuggets 1
Or
Homemade Meatloaf

Roll
Mashed Potatoes w/Gravy
Corn
Fruit Milk

Chicken Nuggets 8
Or
Turkey & Gravy w/Roll

Mashed Potatoes w/Gravy
Corn
Fruit Milk

Chicken Tenders 15
Or
Turkey & Gravy w/Roll

Mashed Potatoes w/Gravy
Green Beans
Fruit Milk

Chicken Nuggets 22

Mashed Potatoes w/Gravy
Vegetable
Fruit Milk

CHEF'S CHOICE 29

Fruit
Vegetable
Milk

Thursday

Pizza Hut 2
Or
Sub Sandwich

RF Doritos
Romaine Salad
Baby Carrots
Fruit Milk

Pizza 9
Or
Sub Sandwich

Baked Lays
Romaine Salad
Fresh Broccoli
Fruit Milk

Pizza Hut 16
Or
Sub Sandwich

RF Doritos
Romaine Salad
Cucumber Slices
Fruit Milk

Pizza 23
Or
Sub Sandwich

WG Snack
Romaine Salad
Fresh Veggies
Fruit Milk

CHEF'S CHOICE 30

Fruit
Vegetable
Milk

Friday

Bosco Cheese Sticks 3
Or
Pizza Calzone

French Fries
Marinara Sauce
Fruit Milk

Ham & Cheese Pocket 10
Or
BBQ Rib Sandwich

French Fries
Baby Carrots
Fruit Milk

Garlic French Bread Pizza 17
Or
Breaded Mozzarella Sticks

Marinara Sauce
Baked Beans
Tater Tots
Fruit Milk

Chicken Patty Sandwich 24

Emoticon Fries
Sliced Tomato/Lettuce
Fruit Milk

SALAD BAR, FRUIT PARFAIT, OR PBJ POCKETS OFFERED DAILY AS AN ALTERNATIVE LUNCH. 31