

May 2019

PERRY ELEMENTARY

LUNCH



Lunch – \$2.25/Reduced \$.40

MENUS SUBJECT TO CHANGE

This institution is an equal opportunity provider



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

Monday



Tuesday

CHEF SALAD OFFERED DAILY
AS AN ALTERNATIVE LUNCH



Wednesday

Thursday

Friday

French Toast/Sausage/Biscuits **6**
Or
Turkey Wrap
Deli Roasters
Baby Carrots
Juice
Milk

Pizza **7**
Or
Sub Sandwich
Romaine Salad
Celery Sticks
Fruit
Milk

Chicken Fries **8**
Or
BBQ Pork Sandwich
Buttered Macaroni
Cucumber Slices
Corn
Fruit
Milk

Spaghetti w/Meatballs **9**
Or
Chicken Alfredo
Garlic Toast
Romaine Salad
Steamed Broccoli
Fruit
Milk

Ham & Cheese Pocket **10**
Or
Breaded Mozzarella Sticks
Marinara Sauce
Tater Tots
Baked Beans
Fruit
Milk

Chicken Patty Sandwich **13**
Or
Cheeseburger
Lettuce/Tomato Slice
French Fries
Fruit
Milk

Pizza Hut **14**
Or
Sub Sandwich
Romaine Salad
Baby Carrots
Fruit
Milk

Chicken Tenders **15**
Or
Turkey & Gravy w/Roll
Mashed Potatoes w/Gravy
Green Beans
Fruit
Milk

Nachos & Cheese **16**
Or
Soft Beef Taco
Refried Beans
Lettuce/Diced Tomato/Salsa
"May Flower" Cookie
Fruit
Milk

Bosco Cheese Sticks **17**
Or
Mini Corn Dogs
Smile Fries
Marinara Sauce
Fruit
Milk

Soft Pretzel w/ Cheese Sauce **20**
Or
Toasted Cheese Sandwich
Starz Fries
Baby Carrots
Applesauce Cup
Milk

Pizza **21**
Or
Sub Sandwich
Romaine Salad
Celery Sticks
Fruit
Milk

Chicken Nuggets **22**
Or
Turkey & Gravy w/Roll
Mashed Potatoes w/Gravy
Corn
Fruit
Milk

Walking Taco **23**
Or
Cheese Quesadilla
Refried Beans
Diced Tomato/Lettuce/Salsa
Graham Cookie
Fruit
Milk

Panther Burger **24**
Or
Hot Dog Sandwich
Baked Lays
Sliced Tomato/Lettuce
Baked Beans
Fruit
Milk

MEMORIAL DAY **27**

REMEMBER AND HONOR

CHEF'S CHOICE **28**
Fruit
Vegetable
Milk

CHEF'S CHOICE **29**
Fruit
Vegetable
Milk

Ham/Turkey Sandwich **30**
Baked Lays
Baby Carrots
Sliced Apples
Milk

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