

PHS BREAKFAST

SCHOOL BREAKFAST = 2 Grains, 1 cup Fruit, and 8 ounces Milk.

**Breakfast Served Daily
6:45 am - 7:30 am
PHS Cafeteria**

*Breakfast - \$1.25
Reduced \$.30*

**All Grains
are
Whole Grain**

**ONE GRAIN
May Choose Two**

Aug/Sept

**TWO GRAINS
May Choose One**

Cereal
Pop Tart
Muffin
Granola Bar
Cereal Bar
Yogurt

Pillsbury Mini Pancakes
Breakfast Pizza
Pillsbury Mini Cinnis
Honey Bun
PBJ Graham Bar
Apple Pocket
Mini Donuts
Cinnamon Crumb Cake

**FRUIT
May Choose Two**

**Harvest of the Month:
CORN & WATERMELON**

Milk

*Fresh Fruit:
Banana
Apple
Orange
Fruit Juice
Apple Sauce Cup
Fruit Cup*



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*1% white
FF Chocolate
FF Strawberry*

This institution is an equal opportunity provider