




MAY | 2017

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cereal Graham Cookie Fruit/Fruit Juice Milk	2 Pop Tart Cheese Stick Fruit/Fruit Juice Milk	3 Cereal Fruit/Fruit Juice Milk	4 Mini Bagels Fruit/Fruit Juice Milk	5 Glazed Donut Fruit/Fruit Juice Milk
8 Cereal Muffin Fruit/Fruit Juice Milk	9 Mini Donuts Fruit/Fruit Juice Milk	10 Cereal Fruit/Fruit Juice Milk	11 Mini Waffles Fruit/Fruit Juice Milk	12 Egg & Bacon Breakfast Pizza Fruit/Fruit Juice Milk
15 Cereal Graham Cookie Fruit/Fruit Juice Milk	16 Pop Tart Yogurt Fruit/Fruit Juice Milk	17 Cereal Fruit/Fruit Juice Milk	18 Mini Pancakes Fruit/Fruit Juice Milk	19 Honey Bun Donut Fruit/Fruit Juice Milk
22 Cereal Graham Cookie Fruit/Fruit Juice Milk	23 Pillsbury Mini Cinnis Fruit/Fruit Juice Milk	24 Cereal Fruit/Fruit Juice Milk	25 Waffle Sausage Sandwich Fruit/Fruit Juice Milk	26 Mini Donuts Fruit/Fruit Juice Milk
29 	30 CHEF'S CHOICE Fruit/Fruit Juice Milk	31 CHEF'S CHOICE Fruit/Fruit Juice Milk	June 1 CHEF'S CHOICE Fruit/Fruit Juice Milk	

News

Breakfast – \$1.25
 Reduced – \$.30
 Qualify for Free Lunch – Free Breakfast

Harvest of the Month SPINACH



Spinach is a leafy green vegetable. It is loaded with nutrients and antioxidants, and considered to be very healthy. There are many ways to prepare spinach. You can buy it canned or fresh, and then eat it cooked or raw. It is delicious either on its own or in other dishes.