



OCTOBER



Perry High School

Mon	Tue	Wed	Thu	Fri
2 Pizza Or Sub Sandwich Sun Chip Mix Romaine Salad Baby Carrots Fruit Milk	3 Chicken Patty Sandwich Or BBQ Rib Sandwich Lettuce/Sliced Tomato French Fries Baked Beans Fruit Milk	4 Chicken Tenders w/Roll Or Ham & Cheese Pocket Tater Tots Glazed Carrots Fruit Milk	5 Macaroni & Cheese Or Chili Cheese Corn Chips Cornbread Romaine Salad Green Beans Applesauce cup Milk	6 No School HARVEST OF THE MONTH: "APPLES" 
9 NO SCHOOL 	10 Pepperoni Pizza Breadsticks Or Sub Sandwich Cheddar Popcorn Romaine Salad Cucumber Slices w/Dip Fruit Milk	11 Chicken Nuggets Or Turkey & Gravy Roll Mashed Potatoes w/Gravy Steamed Broccoli Fruit Milk	12 Soft Beef Taco Or Cheese Quesadilla Nachos & Cheese Refried Beans Diced Tomato/Lettuce/Salsa Applesauce Cup Milk	13 Steakburger w/cheese & bacon Or Hot Dog Sandwich Onion Rings Sliced Tomato/Lettuce Green Beans Variety of Apples Milk
16 Big Daddy Pizza Or Sub Sandwich Baked Lays Romaine Salad Cherry Tomatoes Fruit Milk	17 Spaghetti w/Meatballs Or Chicken Alfredo Garlic Toast Romaine Salad Steamed Broccoli Fruit Milk	18 Chicken Tenders w/ Roll Or BBQ Pork Sandwich Buttered Macaroni Corn Romaine Salad Fruit Milk	19 SOUP & SALAD BAR Choice of Soup in Bread Bowl Salad – choice of toppings Fruit Milk	20 Spicy Chicken Patty Sandwich Or Pizza SteakBurger French Fries Sliced Tomato/Lettuce Baked Beans Fruit Milk
23 Pizza Hut Or Sub Sandwich RF Doritos Romaine Salad Cucumber Slices Fruit Milk	24 BUILD YOUR OWN BURRITO Applesauce Cup Milk	25 Chicken Nuggets Or Turkey & Gravy Roll Mashed Potatoes w/Gravy Steamed Broccoli Fruit Milk	26 Pizza Calzone Or Garlic French Bread Tater Tots Marinara Sauce Romaine Salad Baked Apples Milk	27 Pop Corn Chicken Or Cheese Omelet/Sausage Link Dutch Waffle Green Beans Baby Carrots Fruit Milk
30 Pepperoni Pizza Breadsticks Or Sub Sandwich Pumpkin Cookie Romaine Salad Celery Sticks Fruit Milk	31 General Tso Chicken w/breadstick Or Chicken Chipotle Flatbread Rice Romaine Salad California Blend Applesauce cup Milk	Nov. 1 Chicken Tenders Or Home Made Meatloaf Roll Mashed Potatoes w/Gravy Sweet Potato Casserole Fruit Milk	Nov. 2 Potato Bar Baked Potato or French Fry Top w/ Cheese, bacon, chili Apple Pocket Mixed Salad Fruit Milk	Nov. 3 Boneless Chicken Wings Or Toasted Cheese Sandwich Tomato Soup Smile Fries Baby Carrots Fruit Milk

CHEF SALAD, Turkey wrap, Chicken Salad, PB Pockets are offered daily; Fruit Parfaits (Tues/Thurs) as an Alternative Lunch
 This institution is an equal opportunity employer
 Menu Subject to Change
 Lunch \$2.50/Reduced \$.40