

# Social Media

## Addictions



*"Social Media is more about Sociology and Psychology than it is about Technology."*

Anonymous

### Cyber Bullying- By The Numbers

- 35%- of kids have been threatened online
- 75%- have visited a website bashing another student
- 21%- have received mean or threatening e-mails
- 56%- of cyber bullying occurs in chat rooms
- 19%- of kids' situations improved after telling someone
- 17%- admitted to having bullied someone online
- 4/10-middle school students have had their passwords stolen or changed
- Double- the amount of kids 10-17 that have been the victim or perpetrator of cyber bullying since 2005

### Social Media Addiction?

- Mass Appeal, increasing amounts of time spent online
- Different types of addiction(gaming, web surfing, online gambling & shopping...)
- Social Networking Site (SNS) Addiction
- Cyber-Relationship Addictions
- Particularly addictive to young people



Addictive behaviors are rapidly increasing amongst adolescents with Social Media use and misuse. Mental health professionals will address these behaviors and provide strategies to aid parents.

**Perry Local Schools and  
Northeast Behavioral Health  
Are hosting a Parent Workshop**

Place: Edison LRC

Date: Thursday, Oct. 22<sup>nd</sup>

Time: 6:30-7:30