

You are a SuperShero



...And, **Girls on the Run®** was designed to help you find your SuperShero powers, including:

- ☆ Standing up for what you believe in
- ☆ Dealing with peer pressure & gossip
- ☆ Choosing the right friends
- ☆ Celebrating our unique talents
- ☆ Standing up to bullies
- ☆ Changing your world

You don't have to be the best runner in your class (or even a runner) to join the fun! We'll meet twice a week for 10 weeks to play games, talk about important issues, run (or walk), and learn how to build up your Girl Power. Along the way, you'll train with an awesome group of girls to complete the Girls on the Run 5k Run/Walk at your own pace.

The program fee is income-based and ranges from \$10 to \$135 per girl and includes:

- ☆ 20 lessons conducted by certified Girls on the Run coaches
- ☆ Official Girls on the Run program t-shirt, 5k t-shirt, & water bottle
- ☆ Participation in the season-ending Girls on the Run 5k
- ☆ Snacks at each meeting

Sibling discounts & additional scholarships are available during the online registration process. It is our policy to never turn away a girl based on financial need.

All shapes, sizes, and abilities are

celebrated & welcome

Join a Perry Schools team!

Genoa Elementary

Mondays & Wednesdays, 3:45 to 5:00 pm

Lohr Elementary

Mondays & Wednesdays, 3:45 to 5:15 pm

T.C. Knapp Elementary

Tuesdays & Thursdays, 3:45 to 5:00 p

Watson Elementary

Tuesdays & Thursdays, 3:45 to 5:15 pm

Teams are limited in size and will be filled on a first-come, first-served basis from February 22 to March 5.



Important Dates

**REGISTRATION EXTENDED
to March 5**

Coach Applications Due: March 3

Program Dates: March 6–May 20, 2017
(No meetings over Spring Break.)

Stark County GOTR 5k Run/Walk*
May 20, 2017

Wayne County GOTR 5k Run/Walk*
May 21, 2017

**Stark County participants will be registered for the Stark County 5k. Wayne County participants will be registered for the Wayne County 5k. Both 5ks are open to the public—invite friends and family to the big day!*

Register online before it's too late:

GOTRStarkCty.org

Or, contact Amy Shock at 330.244.9331 or coach@GOTRStarkCty.org.

All volunteers are trained and background-checked. Printed by GOTR Stark County.