

# YOU ARE NOT ALONE

*There is help available*

Call/text for help. All conversations will be kept anonymous.



**Crisis Intervention & Recovery Center – 24/7 Help - 330.452.6000**



**Crisis Intervention (Youth Mobile - comes to home) - 330.452.6000**



**Suicide Prevention Lifeline – 24/7 Help - 1.800.273.8255**



**Opiate Hotline - 330.454.HELP(4357)**



**Children's Protective Services - 330.455.5437**



**Text for Hope – 24/7 Help - 741-741**



**Perry Police Department - 330.478.5121**

