

August 2020

PERRY ELEMENTARY



Lunch - \$2.35/Reduced - \$.40

This institution is an equal opportunity provider
Menu Subject to Change



Nutrition Tip: August is Family Meals Month! Family meals around the table provide an opportunity to spend time together. Make time for family meals when planning your household's schedule each week. Try to cook, eat and clean up together!



Reference: USDA MyPlate

Monday

Tuesday

Wednesday

Thursday

Friday



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French Toast w/Sausage
Biscuit
Tater Tots
Baby Carrots
Fruit Milk
Alternate Lunch: Chef Salad

24

Pizza
Romaine Salad
Celery Sticks
Fruit
Milk
Alternate Lunch: Chef Salad

25

Chicken Sticks
Goldfish Crackers
Steamed Broccoli
Fruit
Milk
Alternate Lunch: Chef Salad

26

Walking Taco
Refried Beans
Lettuce/Tomato
Fruit
Milk
Alternate Lunch: Chef Salad

27

Chicken Patty Sandwich
French Fries
Lettuce/Sliced Tomato
Fruit
Milk
Alternate Lunch: Chef Salad

28

Breaded Mozzarella Sticks
Marinara Sauce
French Fries
Fruit
Milk
Altn. Lunch: Turkey Munchable

31

