

# August 2020 PFEIFFER INTERMEDIATE SCHOOL

## LUNCH



Lunch - \$2.35/Reduced - \$.40

This institution is an equal opportunity provider  
Menu Subject to Change



**Nutrition Tip:** August is Family Meals Month! Family meals around the table provide an opportunity to spend time together. Make time for family meals when planning your household's schedule each week. Try to cook, eat and clean up together!



Reference: USDA MyPlate

Monday

Tuesday

Wednesday

Thursday

Friday



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21

French Toast w/Sausage  
Biscuit  
Tater Tots  
Baby Carrots  
Fruit                      Milk  
*Alternate Lunch: Chef Salad*

24

Pizza  
Romaine Salad  
Celery Sticks  
Fruit  
Milk  
*Alternate Lunch: Chef Salad*

25

Chicken Sticks  
Goldfish Crackers  
Steamed Broccoli  
Fruit  
Milk  
*Alternate Lunch: Chef Salad*

26

Walking Taco  
Refried Beans  
Lettuce/Tomato  
Fruit  
Milk  
*Alternate Lunch: Chef Salad*

27

Chicken Patty Sandwich  
French Fries  
Lettuce/Sliced Tomato  
Fruit  
Milk  
*Alternate Lunch: Chef Salad*

28

Breaded Mozzarella Sticks  
Marinara Sauce  
French Fries  
Fruit  
Milk  
*Altn. Lunch: Turkey Munchable*

31

