

# September 2020

# EDISON MIDDLE SCHOOL

## LUNCH

Lunch -\$2.60/Reduced - \$.40

Alternate Lunch Daily – PB Pockets, Chef Salad, Yogurt Parfait

This institution is an equal opportunity provider  
Menu Subject to Change



**Nutrition Tip:** With September being Whole Grains month, try increasing your whole grain intake by snacking on ready-to-eat whole grain cereals, whole grain crackers or popcorn.

Reference: USDA MyPlate



### Monday

Breaded Mozzarella Sticks  
Marinara Sauce  
French Fries  
Fruit  
Milk

### Tuesday

Lasagna Roll Up 1  
Breadstick  
Romaine Salad  
Steamed Broccoli  
Fruit Milk

### Wednesday

Chicken Nuggets 2  
Roll  
Mashed Potatoes  
Corn  
Fruit Milk

### Thursday

French Bread Pizza 3  
Fritos  
Romaine Salad  
Baby Carrots  
Fruit  
Milk

### Friday

Hot Dog Sandwich 4  
Starz Fries  
Baked Beans  
Fruit  
Milk



Nachos & Cheese 8  
w/Taco Meat  
Refried Beans  
Salsa  
Fruit Milk

Chicken Tenders 9  
Roll  
Smile Fries  
Fresh Broccoli  
Fruit Milk

Pizza Hut 10  
RF Doritos  
Romaine Salad  
Celery/Carrot Sticks  
Fruit  
Milk

Stromboli 11  
Marinara Sauce  
French Fries  
Fruit  
Milk

Cheese Quesadilla 14  
French Fries  
Romaine Salad  
Fruit  
Milk

Soft Pretzel 15  
w/Cheesesauce  
Smile Fries  
Cheese Stick  
Romaine Salad  
Fruit  
Milk

Chicken Nuggets 16  
Roll  
Mashed Potatoes  
Corn  
Fruit  
Milk

Dominos Pizza 17  
Sun Chips  
Romaine Salad  
Baby Carrots  
Fruit  
Milk

Cheese Steakburger 18  
French Fries  
Lettuce/Tomato Slice  
Baked Beans  
Fruit  
Milk

French Toast 21  
w/Sausage & Biscuit  
Tater Tots  
Baby Carrots  
Fruit Milk

Walking Taco 22  
Refried Beans  
Lettuce/Tomato  
Fruit  
Milk

Chicken Smackers 23  
Buttered Macaroni  
Steamed Broccoli  
Veggie Juice  
Fruit  
Milk

Pizza 24  
Kettle Chips  
Romaine Salad  
Celery Sticks  
Fruit  
Milk

Chicken Patty Sandwich 25  
French Fries  
Lettuce/Sliced Tomato  
Fruit  
Milk

Bosco Cheese Sticks 28  
Marinara Sauce  
French Fries  
Fruit  
Milk

Macaroni and Cheese 29  
Corn Bread  
Romaine Salad  
Glazed Carrots  
Fruit  
Milk

Chicken Nuggets 30  
Roll  
Mashed Potatoes  
Corn  
Fruit Milk

