

January 2021

EDISON MIDDLE SCHOOL

LUNCH

All students eligible for free lunch due to nationwide waiver.

Alternate Lunch Daily – PBJ Uncrustable, Chef Salad, Sub Sandwich, Yogurt Parfait



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right

Monday



Tuesday

This institution is an equal opportunity provider

Menu Subject to Change

Wednesday



Thursday

Friday



Chicken Patty Sandwich
French Fries
Lettuce/Tomato Slice
Fruit
Milk

4

Beef Burrito
W/Mexican Rice
Refried Beans/Salsa
Lettuce/Tomato/Cheese
Tostitos Chips
Fruit
Milk

5

Chicken Smackers
Dutch Waffle
Steamed Broccoli
Veggie Juice
Fruit
Milk

6

Pizza
RF Doritos
Romaine Salad
Pepper Sticks
Fruit
Milk

7

Corn Dog
Tater Tots
Baby Carrots
Fruit
Milk

8

Bosco Cheese Stick
Marinara Sauce
French Fries
Fruit
Milk

11

General Tso Chicken
Rice
Breadstick
Glazed Carrots
Fruit
Milk

12

Chicken Nuggets
Mashed Potatoes w/gravy
Roll
Corn
Fruit
Milk

13

Pizza Hut
Baked Lays
Romaine Salad
Fresh Broccoli w/dip
Fruit
Milk

14

Grilled Cheese Sandwich
Tomato Soup
Tater Tots
Fruit
Milk

15



Martin Luther King, Jr. Day

18

Pizza Calzone
French Fries
Baked Beans
Fruit
Milk

19

Chicken Tenders
Mashed Potatoes w/gravy
Roll
Sweet Potato
Fruit Milk

20

Dominos Pizza
Sun Chips
Romaine Salad
Baby Carrots
Fruit
Milk

21

Loaded Fries
w/Chili, Cheese, Bacon
Super Slice Bread
Romaine Salad
Fruit
Milk

22

Steak Burger
French Fries
Lettuce/Tomato Slice
Fruit
Milk

25

Macaroni & Cheese
Cornbread
Romaine Salad
Fruit
Milk

26

Chicken Nuggets
Roll
Tater Tots
Green Beans
Fruit
Milk

27

Pizza
Cheddar Popcorn
Romaine Salad
Celery Sticks
Fruit
Milk

28

Nachos Grande
Lettuce/Tomato
Salsa
Refried Beans
Fruit
Milk

29